



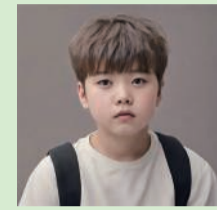
2024年3月號

My best friend

My best friend's name is Aki. She is 12 years old. She lives in Siu Hong Court. Her birthday is on 23th October. There are 4 members in her family. She lives with her mom, dad and her younger brother. She has a dog. It has white fur and it's older than Aki and me.

She has long hair. She's the tallest, but the youngest among our friends. She is a little chubby. She has big eyes and a beautiful smile. She is shy. She does not like talking to new people. She is energetic. People think she's talkative because she always talks in class. She likes to play basketball. At weekends, she plays basketball with her dad at night. They usually go to the basketball court of a primary school near their house.

I knew her when I was a primary student. I always visited her house. We did a lot of things together.
Name: Hau Chi Fei Katie
Class: 1A
Class number: 3
Teacher: CLW



I am Fung Hiu Lung. My name is Hilton. I'm 12 years old. I am a Form 1 student. I go to YOT Chan Wong Suk Fong Memorial Secondary School. I usually go to school on foot.

I am tall. I have short hair and a fringe. I also have chubby cheeks. I think I am handsome.

There are 4 members in my family. I live in Tuen Mun with my parents and my sister. We sometimes go shopping at the weekend.

My hobby is playing online games. I usually play online games with my friends after school. I like playing online games because it is exciting.

My other hobby is listening to music. I usually listen to music when I'm on the bus.

Name: Fung Hiu Lung Hilton
Class: 1D
Class number: 14
Teacher: TLY

All About Me

Hello! My name is Bella Wen. I am 12 years old. I have long straight hair and I don't wear glasses. I am the first child of my family.

I like dancing because it is fun. My favourite dances are K-pop dance, street dance and ballet. I usually go dancing on Sundays. I feel relaxed when I dance.

I also like writing because it helps improve my writing and reading ability. I usually write with my friends on Fridays. I feel excited and happy when I finish writing a funny story.

That's all about me. Nice to meet you!

Name: Bella Wen
Class: 1C
Class number: 9
Teacher: CWP



My name is Rachel Yip. I am 12 years old. I am 150cm tall. I have a ponytail and a round face. I have a younger brother. I also live in Tuen Mun with my mother, father and my younger brother.

My favourite hobby is watching TV. I often watch TV with my family at home on Sunday. I am energetic at home but shy at school because I don't talk to my classmates.

I also enjoy drawing pictures. I always draw at home every Saturday. I like drawing cartoon characters.

Name: Rachel Yip
Class: 1B
Class number: 15
Teacher: IMH



Positive Thinking

Do you know what failure is? Failure is just one of the most common things. Different failures are bound to happen in our daily lives, so it is crucial to overcome them.

It is important to be brave and to try. Running away from failure will prevent you from overcoming it. If you don't confront failure, you will remain stuck in it. Don't be afraid of something you haven't tried yet because you will never know the results.

Have you forgiven yourself for making mistakes? If not, take the time to reflect on your actions after experiencing failure. Don't take failure too seriously; instead, approach it with a calm attitude. If you push yourself too hard, it will only lead to feelings of depression and anxiety. You will become mentally and physically exhausted.

Every failure presents an opportunity for learning. The key to success is avoiding the repetition of the same mistakes. Remember the reasons behind your failure and strive to do better next time.

If you encounter failure again, take some time to rest and approach it with a positive mindset. Keep trying and never give up.

Write an online advice column to a student

Dear Seriously Annoyed boy,
I am sorry to hear that you are suffering from a video game addiction. You are addicted to video games. Many of your friends play video games too. You play video games all the time. Sometimes, you fall asleep in class because you spent the whole night playing video games the day before. You can't turn the games off.

Your friends said you were as fat as a pig and you walked like a hippo. I know you're overweight. You weigh over 80 kilos. You're trying to lose weight, but you never succeed.

Firstly, I think you should develop healthier hobbies. Spend more time on other activities. Tell your family members and friends about your plan. Live in the moment and put away your video games.

Secondly, you are overweight. Now I will give you some suggestions. You should see a doctor. Eat healthier food such as vegetables and fruits. Also, you can get useful advice from an expert.

I hope that this advice is helpful. You can solve the problems soon.
Good luck,
Dr. Q

Your cousin is coming to Hong Kong from Canada. Write an email and give him some advice about where to go, what to eat, do, buy, etc.

Dear Kim,
How are you doing? I am glad to know that you are coming to Hong Kong. I would like to suggest some must-visit attractions to make sure that you have a fantastic experience in Hong Kong.

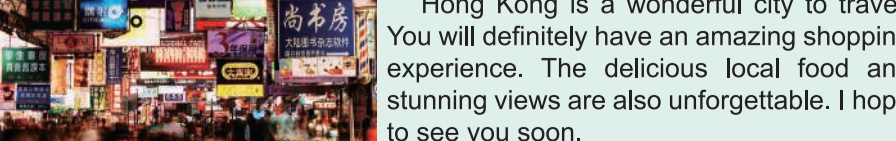
First of all, I suggest that you go to the Big Buddha which is located on Lantau Island. You can visit the temple and souvenir shops. You may try a fortune stick to seek advice from Buddha. You may also tell Buddha your wishes. I believe Buddha will help you fulfill your wishes if you are sincere enough. I know it sounds a bit superstitious, but it really works.

I know you are a food lover. You will be amazed by the local food. I highly recommend you to try egg tarts and pineapple buns. Many Hong Kong people like to have them for breakfast or afternoon tea. Besides, you can have lunch in a cha chaan teng. They serve up quickly and provide delicious and affordable food. A lot of Hong Kong people go to cha chaan tengs for lunch.

If you would like to visit some famous street markets, you should go to Mong Kok. In the Ladies' Market and Temple Street Night Market, you can pick up a wide variety of bargains. Although it is rare to come across high-quality products there, it's fun to hone your bargaining skills. Who knows? Maybe you will get the best deals.

Hong Kong is a wonderful city to travel. You will definitely have an amazing shopping experience. The delicious local food and stunning views are also unforgettable. I hope to see you soon.

Name: Zhou Chit Kwan
Class: 4D
Class number: 6
Teacher: WKK



爸爸

夏日的晚上綻放著煙花，絢爛的煙火在星空下襯托得格外動人。彩光映在他的瞳孔上，我牽起他的手，當我們起身時，冷風隨風輕盈地擺動著。我們路過了一個又一個的攤位，也與無數的人擦肩而過，他們嬉笑著，打鬧著。

我停在一間賣大妃菓的檔位前，被糖漿包裹住的糖果形成了一層焦糖色的外殼，閃亮又光滑。他見我自不轉睛地盯著，輕輕地笑了下，宛如看戲時過，慈愛而溫暖。

我走到撈金魚的檔位前，蹲了下來，華麗的金魚在清澈的水中暢游。我咬了一口手上的大妃菓，很甜，很甜，很甜。我拿起金魚網，輕輕地放入水中。時間一分一秒地過去，我感到手柄微微震動了，我小心地將金魚網舉起，紙網沒有破掉，我成功了。工作人員用一個小袋子將金魚放進去，我輕輕地接過金魚袋，心中充滿了喜悅。

距離這日子，只剩163日。沒想到時間流轉得如此快，讓我真正體驗到離別時才發現時間不足。每天都能感受到無慮，不但只是面對臨文應試，而且還對自己的成績感到擔憂。不斷想提升自己的能力，但卻害怕失敗。父母告訴我：「不必害怕，盡力而為就可以了，不須後悔。」我自問明白這道理，但最後如果成績不大好，我真的會不後悔嗎？還是會不甘心？

匆·忙

6 A 黃藝淇



最後，我還有個任務，就是「收集膠樽」。我一手拿著黑色膠袋，並一步步踏上紅柱的看台上，而我轉化身為「膠樽扒手」，到處尋找膠樽。隨後，我同班同學劉多希一起做「扒手」。第一日的陸運會結束，我拿著「膠樽袋」滿載而歸。

第一日陸運會項目變少了，我只需要參與「二百米短跑」。由於我昨天比賽只獲得倒數第三名，我今天更緊張了，結果我因為偷步而被取消資格，唯有在旁邊為同學打氣。我一邊看賽事，一邊繼續收集膠樽。結果我班「A」得了總冠軍。

當網絡消失時

3 D 楊煒妮



不知道你是否會看到這一幕：走在街上，幾乎每個人手上都有一部手機，個個都是「低頭族」。可是你有沒有想過，假如這一切都消失了，會怎麼樣？「網絡消失，強身健體」。如果網絡真的消失了，對我們的身體影響最大。別的不說，就拿近視來說吧。有了網絡，人們的近視度數，天天向上增加。在班級裡，放眼望去，幾乎都是「四眼仔」。沒有眼鏡卻要戴眼鏡。那沒有網絡可就不行了。近視人數一天比一天多，大街小巷都變成了一雙雙明亮又澄澈的眼睛。人們的臉色也漸漸紅潤起來，精神許多，做事也變得積極向上，不再被網絡這個枷鎖束縛住了。另外，人們的注意力也專注很多，記憶力也會比之前更好，不會總是東張西望了。

「網絡消失，書墨飄香」。伴隨著各種軟件的出現，人們也越來越依賴手機，逐漸用電子書閱讀來代替紙質閱讀，而用手機、電腦閱讀我們稱為「掌閱」。掌閱雖方便，但需要更多的時間去理解。可紙質閱讀卻不同了，閱讀內容了解更快。在我看來，網絡消失了，人們不再是一味的「百度」一下你知道，而是認真認真地閱讀書，漸漸收獲知識豐富，到處都是書本飄香的味道。

什麼東西都有兩面性，我們每個人要合理有度地使用網絡，在信息時代，我們要做信息時代的主人，而不是奴隸。

一次悲傷的經歷

6 C 張逸偉

不久前，我遭遇了人生重大打擊的一次經歷。

兩個月前的一個凌晨，我接到醫院的電話，告訴我婆婆發生了車禍。我急忙趕到醫院後，只看到面如死灰的婆婆躺在病床上，毫無生機。她就這樣突然地離開了我們，沒有任何預兆地永遠離開了。我站在病床前，眼神空洞，心中充滿悲傷和不甘。

婆婆是我生命中最重要的人，我成年前的生活可說都是婆婆一手照料的。由於父母長期在外地工作，很少回來探望我，所以兒時的點滴都是與婆婆分享的，她是我最後的後盾，為我默默付出，不求回報，也是我最近的人，但現在她卻離開得那麼突然。

婆婆離開後，我整天魂不守舍的，經常在客廳呆坐到天黑，心中只有一片空虛。婆婆總是無條件地支持我，相信我，我可以成為出色的人。現在，她再也不能給予我支持和鼓勵了，我無法接受婆婆的離逝。

然而，時間終會沖淡一切，漸漸地，我也知道應該勇敢面對，並接受婆婆已經離開我的現實。我明白到，即使婆婆不在我的身邊，但她的愛和支持永遠會伴隨著我。



社區裡的小人物

4 B 陳可穎



「早上好！路上小心。」這樣朝氣勃勃的聲音我每天出門都能聽到。周先生是我家的保安員，這樣蓬勃的聲音正是他發出的，他每天上午都會問候每位租客，一句句的話便印上幾句。周先生的個子很高，長了一張和善的臉，總是笑盈盈的，待人熱心，看到有人遇上危險，一定會出手相助，而且周先生工作態度認真，做事絕不馬虎，住家們都十分喜歡他。

還記得我有次在深夜時分回家，感覺到背後一直有人跟著，後方傳來的腳步聲寸步不離，「一、二、三」的聲音逐漸加快，驚恐萬分的我向家的方向狂奔，拼命奔跑的我撞上了在大廈附近巡邏的周先生。周先生看到我滿頭大汗，一臉驚恐的我和尾隨在我身後的男子，瞬間明白發生了甚麼事。他警告男子，揚言要報警，嚇得他溜煙跑了。次日周先生便與管理處反映，並要求加強巡邏。事後他也有關心我，並叮囑我，不要太晚回家。這件事我記憶猶新，也令我感受到周先生的熱心助人。

此外，周先生工作認真，絕不會漫不經心，而是謹慎地留意有沒有陌生人進入大廈。當遇到陌生人時，周先生一定會問清楚對方的來意，並請他們登記。我詢問周先生為甚麼這麼認真工作，他答道：「我一定是做好本分而已。」

在這個年代，每個人都似乎變得冷漠，對他人毫不關心，像周先生一樣熱心助人，盡忠職守的人已經不多了，所以我一定會以他為榜樣，向他學習。

Shopping experience in V City

V City is located near Tuen Mun MTR Station. There are 3 floors with nearly 130 shops in this shopping mall. We can get there by LRT, buses and minibuses. I usually go there on holiday with my mother.

There are different kinds of shops. For example, jewellery shops, convenience stores, boutiques and department stores. My favourite shop is Uniqlo. Uniqlo is a boutique. It is on the MTR floor. We can buy shirts and skirts in this shop. I bought a T-shirt and a pair of trousers that day.

Fortress is an electronics shop. It is on the MTR floor. It sells Ipad and TVs. I bought an Ipad there for my father as his birthday present.

In V City, there are different kinds of restaurants. For example, café and Chinese restaurants. If I want to get a place for tea, Starbucks must be my choice. Starbucks is a café. It sells good coffee and yummy cakes.

My favourite place for lunch is Eaat. It is an American restaurant. It's on the first floor. I ate spaghetti and omelette. The food was delicious.

Become a member of V City for special discounts. If you spend more than \$300 in the shopping mall, you will get three hours free parking.

Come and visit V City this Saturday!

Raffles City

Raffles City is the best shopping mall for teenagers.

Raffles City has more than 200 stores, offering a bigger variety of shops than any other mall in Shenzhen. We also have a snack shop that sells affordable snacks of different types. For example, we have shops that sell products related to popular stars, like posters, t-shirts, and other accessories. They also have limited edition items and seasonal goods. Recently, the shop has collaborated with Loopy.

Raffles City has over 20 famous restaurants, especially Haidilao, known for its delicious hotpot and excellent service. If you want to grab a quick bite or eat at a cheaper restaurant, you can go to the food court in the basement, which offers a wide variety of snacks and tasty treats. Raffles City also has two pet cafes where you can enjoy your favorite coffee while playing with cats and dogs.

If you like rock climbing or enjoy adventurous activities, you can visit our indoor rock-climbing gym, which is challenging and exciting. If you love watching movies, we have the biggest IMAX theater where you can enjoy high-quality films. The screen is huge, and the sound effects make you feel like the actors are right beside you. If you enjoy reading, we have Sisypus Bookstore, which has many different types of books, like novels, literature, and magazines. You will definitely find something you like at our place.

Our mall is pet-friendly, so you can bring your pet along comfortably while shopping. If you need a pet stroller, you can ask our staff and show your pet ID card. Additionally, if you spend more than \$300 at our mall, you can enjoy free parking!

Teenagers Going Goblin Mode

Why are so many teenagers hooked on goblin mode? I guess many teenagers are going into goblin mode for various reasons. Some of them are simply lazy. They are either too lazy or can't be bothered to find a job to support themselves.

Many teenagers are selfish and irresponsible because they think their parents will take care of them even when they are fully grown. Some think that asking for money from their parents is not a big deal because they believe it has become a normalized practice. Even though their parents work hard to provide for them, these teenagers don't feel guilty about it.

Many teenagers think it's okay to live in goblin mode if their parents are willing to support them. However, as teenagers, they should be learning how to improve their lives, finding jobs, and understanding that they will need to take care of their parents in the future.

They should stop living in idleness and refrain from engaging in useless activities throughout the day, such as playing video games or scrolling through social media all day. It's almost as if all teenagers are addicted to those activities. They spend days and nights on them, even when they have so much free time, yet they still don't want to seek employment.

They blame the government for not providing enough financial support to teenagers, but the support is insufficient to truly change their lives. In fact, even if they had substantial support, their lives wouldn't change because they are not working hard for their family and themselves.

In conclusion, it is important for teenagers to recognize the significance of personal growth and taking responsibility for their own lives.

Name: Lau Yu Hang
Class: 6D
Class number: 8
Teacher: NYM



The Yearbook Committee is putting together a book for all graduating students. The yearbook is a collection of photos and comments about school life, written and submitted by students. When read several years later, the yearbook will remind students of their time at secondary school.

You are a student in Class 6C at Kowloon Secondary School. The committee has asked you to complete the following yearbook entry.

1.1 Academic Life

Looking back over the past six years of my secondary school journey, I encountered numerous challenges while studying Chemistry. It proved to be one of the most demanding elective subjects in my academic life. While attempting past papers, I often found myself perplexed by incorrect answers. Even when I thought I was right, I would discover that I was mistaken. Frustration would sometimes overwhelm me, leading me to vent my exasperation by pounding the wall and questioning aloud, "What is the answer?" However, despite these struggles, I genuinely enjoyed studying Chemistry because it allowed me to conduct experiments in the laboratory. Mixing various chemicals and witnessing the chemical reactions was incredibly exciting.

1.2 Student life

Reflecting on my student life in Class 6C, there are many things I will miss. Throughout my six years in the school, my classmates never mocked me or gave me derogatory nicknames. They provided immense support and assistance throughout my secondary school journey. They offered helpful suggestions on how to effectively learn English and were always there to lend a hand when I faced difficulties. What I miss the most is being a part of the warm and friendly 6C family in my secondary school.



Your friend Taylor, is going for a job interview for the position of Cultural Ambassador for the Hong Kong Tourism Board. It will be a group interview. Your friend is very nervous and has asked you for advice. Write a letter to your friend offering advice on how to prepare for the interview and what to do during the interview.

Name: Hui Hei Yuet, Temmie
Class: 4B
Class number: 5
Teacher: WKK

Dear Taylor,

I know you will have the job interview for the position of Cultural Ambassador for the Hong Kong Tourism Board. I understand that you must be very nervous and I will help you to get through this!

First of all, it's very important for you to overcome your emotions. I think you should ask the company for further interview information, such as the duration of the interview, whether the interview is conducted in English, and whether it is the individual or group interview. It is also important for you to dress formally for an interview. You should wear a suit and be clean and tidy. Make sure your hair is neatly tied up. Making a good first impression is important and dressing appropriately shows basic respect for the interviewers.

Besides, I advise you to familiarize yourself with your resume and prepare relevant documents beforehand. Do not tell any content that does not match with your resume. Since the interviewer has already gone through the electronic copies of your CV.

As you know, it is important to prepare for your interview. If I were you, I would highlight the strengths and take the initiative. Since an interview only takes a few minutes, the interviewer can get to know you better if you take the initiative. For example, subtly add personality traits to your self-introduction. Make sure you mention traits related to being a Cultural Ambassador for the Tourism Board. Try to let the interviewers know more about you! I'm sure your personality is perfect for the job.

On top of the above advice, one last thing you can do is to relax and answer the interviewers' questions calmly so that you won't waste your efforts. Answer their questions accurately. Otherwise, the interviewers may question your comprehension skills and logical thinking. Do not deviate from the topic of the position; the interviewers may misunderstand that you're not what they are looking for.

I hope my advice is able to help you. I wish you the best of luck in passing the interview and becoming a Cultural Ambassador for the Hong Kong Tourism Board.



You recently read a letter to the editor of the Hong Kong Post, which said that academic achievements are more important than sporting achievements. Write a reply to the editor expressing your views.

Name: Chau Naap
Class: 4A
Class number: 17
Teacher: CC

Dear Editor,

I am writing in response to the recent letter discussing the importance of academic achievements compared to sporting achievements. While I respect the author's perspective, I firmly believe that both academic and sporting achievements deserve equal recognition.

Firstly, it is undeniable that academic achievements represent our intellectual abilities, opening a gateway to higher education and offering opportunities to shape our future. It is through academic pursuits that students develop analytical thinking, problem-solving skills, and the ability to work in teams while imparting a wealth of knowledge upon them.

Nevertheless, it is crucial to acknowledge the merits of sporting achievements. Engaging in sports not only contributes to the development of physical strength but also teaches us resilience and cooperation with others. Moreover, participation in sports fosters camaraderie, cultural exchange, and promotes a healthy lifestyle, which are all valuable in shaping well-rounded individuals.

Furthermore, sporting achievements can also have a significant impact on one's future. For example, Usain St. Leo Bolt, a world-famous sprinter, earns approximately \$20 million per year, which is truly astounding. Furthermore, Sporting achievements can enhance your college application and increase your chances of being admitted to your preferred university. Many colleges and universities offer athletic scholarships to talented athletes, providing financial support for their education.

In conclusion, instead of pitting academic and sporting achievements against each other, it is important to strike a balance between academic performance and sporting achievements.

Yours faithfully,
Chris Wong

Some students think that virtual sports games (such as those played on Switch) can replace PE lessons in schools. Your PE teachers are inviting students to express their views. Write an essay to the PE Department and support your arguments with reasons.

Name: Ng Tsz Kit
Class: 5B
Class number: 29
Teacher: WKK



Virtual sports games are fun, but can they replace PE lessons? I do not think that virtual sports games can replace physical sports. There are three points I would like to bring up to support my argument.

First, virtual sports games require less physical movement. PE lessons help students to move and exercise more to keep them healthy so that they are able to study. Even Ring Fit Adventure, the popular Switch game, cannot compare with sports like running and football.

Second, if we would like to replace PE lessons with virtual sports games, we will need to buy the devices including the game consoles. The cost of these devices is much higher than that of traditional sports equipment and gear. Worse still, if a device is out of order, it costs a lot of money to fix or replace it. It is just more economical if we stick to our PE lessons in schools.

Third, virtual sports games do more harm than good to students as they can cause eyestrain. No one can deny that virtual sports games are fun and sometimes more enjoyable than PE lessons. However, the games can strain students' eyes as they have to glare at the screen for a prolonged period of time. It can cause eyestrain. Students always stare at screens in classrooms as learning materials are projected onto the screens. Plus, students play computer games in their free time to relax. The screen time adding on PE lessons with virtual sports will damage students' eyes and vision.

These three points are only the ones I thought of on the spot. There may well be more disadvantages in playing virtual sports games. Virtual sports games cannot replace PE lessons, be it movement, cost or damage to eyes. PE lessons are fine as it is now. Even with the popularity of virtual sports, replacing PE lessons with virtual sports has far-reaching consequences. It may be possible in the future, but now it is a definite no for me.

The Best Part Of My Job

Name: Tang Pak Him
Class: 5C
Class number: 23
Teacher: LHL

The best part of my job as a singer is the joy of performing. I love to sing and showcase my talent, feeling exhilarated every time I sing a song and the audience enjoys my performance. This aspect of my job brings me immense happiness. Additionally, being recognized by fans during shopping trips adds to my sense of satisfaction and fulfillment.

However, my career also presents significant challenges. The primary issue is the stress associated with constant performances. The long working hours and limited rest periods can be exhausting. Moreover, releasing new songs often exposes me to public scrutiny. I frequently read the comments on my songs, and dealing with negative feedback from some who seem like anti-fans can be disheartening. Such criticism sometimes leads me to question my suitability for singing and causes self-doubt.

One of my most memorable moments was participating in my first singing competition. The challenging part was not only competing against others to establish myself but also striving to outperform other groups. The competition was intense, and seeing my last teammate in tears was distressing. This poignant memory of the struggle and emotion in the competition remains vivid in my mind.

Letter of proposal - charity events

Name: Kaylee Zhang
Class: 3A
Class number: 34
Teacher: LHL

Dear Principal,

I am writing on behalf of the Charity Club to propose a competition aimed at supporting a noble cause. We wish to organize a cooking competition, focusing on the creation of delicious dishes, with the goal of raising funds for the well-known charity "Help with Love." This charity actively gathers volunteers to assist people in need. Our event aligns with their current initiative of feeding the hungry and aims to contribute towards reducing food waste.

We plan to hold this event in the school canteen at 10 a.m. on May 1st, which is a public holiday due to Labor Day. This timing ensures maximum participation as students and their families are off from work and school. Participants are encouraged to bring their own ingredients, such as flour, fruits, or other foods needing expiration, to cook with. This not only promotes sustainability but also teaches resourcefulness.

Safety is a priority for us, especially as we'll be using electrical kitchen equipment. We will take all necessary precautions to ensure a safe and secure environment within the school premises.

The competition will be judged on who can prepare the most family-friendly and appealing dishes. The winning dishes will then be distributed to the countryside or homes of those in need, directly contributing to our community. This activity is more than just a competition; it holds significant educational and social value. It offers students a chance to develop practical skills, strengthens parent-child bonds through collaborative efforts, and most importantly, it serves a humanitarian cause by aiding the hungry.

We are enthusiastic about this initiative and believe it will positively impact our school community and beyond. We sincerely hope for your approval and support in making this event a success.

Yours sincerely,
Chris Wong



Write a letter to the Principal requesting for permission and sponsorship to host events to promote English learning at school.

Name: Chung Wang Wai, Gordon
Class: 6A
Class number: 25
Teacher: WCY

Dear Principal,

I am writing to seek your permission and sponsorship regarding hosting a series of events to promote English learning in our school. The details of these events are as follows:

As the Chairperson of the English Club, I have observed that the majority of students lack opportunities to communicate in English with students from other schools. This has resulted in a decline in the overall English proficiency level among our students.

It is widely recognized that conversing with native English speakers is highly effective in enhancing our English language skills. Therefore, I suggest that we hire an English-speaking tutor and organize group chat sessions. These sessions will not only provide students with the opportunity to learn how to speak English fluently, but also help them build confidence in their language abilities.

Additionally, we would like to hold an English singing contest to allow students to showcase their talents and appreciate the beauty of the English language.

In order to successfully organize these activities, we kindly request your permission and sponsorship. Your support will greatly contribute to the success of these events and the improvement of our students' English skills.

Thank you for considering our request. We look forward to your favourable reply.

Yours sincerely,
Chris Wong



Write a letter to the president inviting the public to suggest sports for future Olympics.

Name: Har Ka Him
Class: 6B
Class number: 19
Teacher: CWP

Dear President,

As the International Olympic Committee (IOC) is inviting the public to suggest sports for future Olympics, I am writing to express my opinion about including dragon boat racing as a new sport in future Olympic Games. Dragon boat racing is a traditional Chinese water sport and gaining popularity in recent years. I believe that it meets the criteria set by the IOC for new Olympic events.

Firstly, dragon boat racing is an attractive sport to young people. The sport requires teamwork and communication. It also fosters friendship, which is also one of the Olympic's spirit. Dragon boat racing is so exciting that it can attract people of any age to watch. It may become one of the popular sports for the Olympic Games.

Secondly, dragon boat racing promotes gender equality. Both men and women can also join this sport. There can be a men's team, women's team and mixed teams. By adding dragon boat racing to the Olympic game, the IOC can help foster gender equality and inspire more females to show their skills on a global stage.

Lastly, dragon boat racing has the potential to grab the limelight. With its beautiful boats and interesting competition, the sport captures the attention of viewers and media reports. It is interesting to see how dragon boat racing is played by athletes from different regions of the world. It not only helps popularise the sport but also provides a platform to promote Olympic values and inspire future generations.

In conclusion, I strongly believe that dragon boat racing can be included in the Olympics as a new Olympic event. It fosters young people's interest to do sport. I hope the International Olympic Committee can consider and support that dragon boat racing can be added to Olympic Games as a new sport in the future.

Yours faithfully,
Vincent Har



How to live a happy life

Name: Fung Cheuk Yin
Class: 3D
Class number: 14
Teacher: WKK



A lot of students are unhappy because they are under stress. Since teachers give them too much homework, they spend most of their time doing assignments. Besides, students have many tutorial classes because they cannot catch up on their heavy schoolwork. Worse still, some students are bullied by classmates. Although they are teased and isolated, they still have to go to school. As a result, their lives are very stressful.

In order to overcome our difficulties, we should develop a positive attitude. We should keep our chin up. Even though life is hard, try to remain cheerful. Also, we should be grateful and count our blessings for all the wonderful things we have in our lives. Say 'thank you' to those who have helped us. Furthermore, we should strike a balance between study and life. If we want to be happy, we should manage our time well. We should not spend all our time on schoolwork. We should spend time doing exercise and seeing our friends. Moreover, we should be positive every day.

If we want to be happy, we should stay positive. Look on the bright side and think of the good things in a bad situation.

Amy and David's unforgettable first date

Name: Lam Wa
Class: 4C
Class number: 5
Teacher: NYM

David fell in love with Amy the first day he saw her. After class on Friday, during the break, David approached Amy at the movies together on Saturday. Amy looked at David, thinking that he was not only diligent in his studies but also very handsome, and immediately agreed. David was not just a desk mate but also a friend she had known since kindergarten, and she had unconsciously fallen in love with him.

After school, Amy immediately changed her clothes and went out. She needed to prepare for Saturday and wanted to leave a different impression on David. Amy not only went to a clothing store but also visited a hair salon to give herself a new look. Amy was already looking forward to Saturday with great anticipation.

On Saturday, Amy dressed herself up in a cool outfit. Her hair was not only stylish but also beautifully done. Amy was very excited as she opened the door and turned to say goodbye to her mother. Her mom wished Amy a good time and reminded her to be careful not to be late coming home. Amy responded with an "OK" and closed the door, rushing downstairs.

Finally, at the entrance of the cinema, David was very surprised to see a different side of Amy. She not only changed her style but also looked more beautiful than usual. Upon hearing this, Amy knew that her efforts were not in vain and felt very happy to enter the cinema with David. After watching the movie, Amy expressed her thoughts about the movie, saying that the acting was good and the plot was touching. David nodded in agreement as they walked towards the traffic light on the road. Suddenly, David spoke up, saying, "I want to study abroad. Not only do I want to go to England, but I also want to create good memories with you." After the traffic light turned green, they went their separate ways, each going back to their respective homes. Amy didn't say anything until bedtime.

WHY DID THE GOVERNMENT LAUNCH THE 'NIGHT VIBES HONG KONG CAMPAIGN'?

Name: Chan Sze Yu, James
Class: 5A
Class number: 22
Teacher: WCY



The government launched the 'Night Vibes Hong Kong Campaign' to bring back the lively nightlife and boost the economy of Hong Kong.

Before 2019, Hong Kong had a thriving nightlife with street food and bars that were popular among locals and tourists. However, due to social incidents in 2019 and the Covid-19 pandemic in 2020, people were afraid to go out at night, leading to a decline in nighttime activities and customers.

In view of these challenges, the government recognized the need to revitalize the economy and promote the recovery of Hong Kong's nightlife. Various campaigns, including the 'Hello Hong Kong' and 'Telling the Good Stories about Hong Kong' were launched.

A recent one is 'Night Vibes Hong Kong Campaign'. Consumers enjoy discounts for nighttime consumption and activities. It encourages both residents and tourists to enjoy the city's nightlife. By doing so, the government hopes to increase spending, increase economic growth, and bring back the lively atmosphere of Hong Kong's nightlife.

Although studies show electric cars are more environmentally friendly than petrol cars, less than 3% of all vehicles sold in 2020 worldwide were electric. Write a letter to editor of Hong Kong Post. Discuss why sales of electric vehicles are so low. Suggest what can be done to attract more people to drive these vehicles.

Name: Zhang Yat Kit
Class: 6C
Class number: 13
Teacher: CTF

Dear Editor,

Electric cars are arguably more environmentally friendly than petrol cars. However, less than 3% of all vehicles sold in 2020 worldwide were electric. I am writing to discuss why sales of electric vehicles are so low and suggest what can be done to attract more people to drive these vehicles.

To begin with, the lack of infrastructure discourages people to switch to electric cars. This is because the driving range of electric cars is not enough, and charging takes a rather long time. It leads to long queues at charging stations, which is inconvenient for car owners. Just like a mobile phone, when its battery life is not long enough, we must look for chargers all the time. Therefore, electric cars do not bring convenience to people. Consequently, electric cars are still not popular among car owners.

The second reason is that electric cars cause worse pollution to the environment than traditional combustion engine cars. The battery packs of electric cars are difficult to decompose, which is not environmentally friendly. The toxic substances will stay in the landfill for a long time after the battery packs have been replaced. This is why environmentally conscious buyers still prefer traditional cars than electric cars.

I have discussed why the sales of electric vehicles remain low. Let's continue with ways to attract more people to drive them.

To help with the lack of infrastructure situation, we can build more charging spots. The government should add more charging facilities for electric cars, which leads to convenience of owning electric cars and hopefully more people will switch to the newer alternative.

To tackle the waste problem caused by the battery packs, the government can recycle discarded batteries. Despite having a lower range in cars, old battery pack's remaining life can serve the purpose of storing renewable energy in solar power stations or wind farms. By fully utilizing the lifetime of the battery packs, we can minimize the environmental impact brought by electric cars, hence, increase the incentives for buyers who look for greener alternatives of traditional vehicles.

To sum up, it is inevitable that electric cars, a futuristic green product becomes more popular. However, a great revolution requires new infrastructures and incentives to boost its adoption rate. Let's hope that our government becomes more responsive and makes our city an even better place to live in.

Yours faithfully,
Chris Wong



新學年的期望

3 C 蔡紫英

新學年的開始讓我又能背著乾淨的書包，穿著整潔的校服，綁著整齊的馬尾，踏進美麗的校園，坐在明亮的教室裡學習。隨之而來的便是我在新學年對自己的期望。

以往我常常因為自卑而不敢表現自己，遇上數學想尋找老師幫助，卻因害怕被嘲笑，望而止步。弄不清楚的知識點，像一個雪球越滾越大，堆積如山。因此在學習方面我期望自己能夠「越滾越大」。

由於自己是跨境學生，一直沒有辦法前往學校，因此我藉一次遠進校園學習便是中二的时候了。那個時候第一次去學校便有新鮮感，處事也很不成熟，便給老師一個調皮的印象。但經歷了很多不同的事情後，我開始變得沉著，讓老師對我的印象無形中發生轉變。因此在品行方面，我希望自己可以變得沉穩，不再像小孩子一樣幼稚又話多。

這便是我對新學年對自己的期望。

讀書無用？

5 A 謝泳怡

常言道「讀萬卷書，不如行萬里路」。確實，有些知識並不是依靠讀書獲得的，例如「教你如何看待自己」，如何處理好一段人際關係，還有何面臨死亡的恐懼……種種事情帶給我們的，是惘惘和飄然不定。並非書中的知識，能夠解答得「清一楚」。

如今有人說「讀書無用」，一來既不能完全運用在生活當中，一來浪費時間和精力，既然知識能夠網上隨處找到，倒不如把時間都放在賺取金錢之上，為自己儲定一筆未來黃金，幫補家計，豈不是一件「有用」的事情？若果現今的人處於這種思想，只會局限自己思維空間，格局小了。那麼讀書便是把我們格局打開，拓展眼界，發展潛能的途徑。

看看今社會，倘若你站一位上路的跑者，探探週邊的美食，他們都異口同聲地說：「上網找吧！」點餐掃碼點，按一下關鍵字眼，擁有一系列複雜程式編成的人工智慧，提供海量資訊外，同時幫你綜合各種訊息來源，省時又省力，即不是某方面的專業人才，也能從中略懂一二。身在這個數據大時代的我們向網絡「飯張口，衣來伸手」的行為遍地開花，已是常態。讀書所獲得的知識早就被電腦「沖刷得體無遺存」。

人們依賴人工智能的生活日益增加，許多工作早就被人工智能取代。故此「讀書」是令自己提高自身價值，不被社會淘汰。以一位男孩為例，從小因為家境富裕，一日三餐大肉，家中事務由家傭負責，父母以愛錫之名，讓自己免揮霍金錢。令男孩產生「讀書無用」的心態。最終在中學時候，選擇放棄讀書，依靠父母的金錢，揮霍度日。如今男孩逐漸長大，家裏人也漸漸少了給予金錢的支出。男孩終於無奈出外找工作。結果正因為自己放棄讀書，過早離開校園生活，與昔日的好友疏離，既不能靠自己，也不能靠人緣，在這個數據大時代，亦不能開拓自己價值的潛能，最終被社會淘汰。

正當人們面對時代變遷，鞭策自己提升價值，學習新事物。此時，「讀書」便是培養學習新事物的耐力。自說自話學生時代，步入成人社會。被公司的工作忙得不可開交，真正讀書本的機會太少了。對周遭的新事物，新環境更為力不從心，磨掉向上爬的耐力。若真

給自己的一封信

5 B 祝家瑜

最後，你也不必後悔自己的選擇，人生沒有回頭路，即已選擇，又如何遺憾？與其對往事哀嘆，不如繼續前進，以積極樂觀的心態，享受接下來的生活。你不必對自己太過苛刻，只要努力過，便無愧於你的人生，希望你能活出精彩，活出自我！

過去的你努力活出精彩人生，無悔！

所謂學無止境正是如此。

時光如梭，轉眼即逝。不知不覺高中的生活已過了一半，不久後就要迎來人生最重要的大階段，高者與成人。人的一生會遇到很多岔路，無論是選擇甚麼，結果怎樣，我們都要勇往直前，即便是失敗、挫折也要勇往直前，而不是原地踏步，甚至是倒退。俗話說「沒有多少失敗，難得一次成功。」只要你在每次失敗時總結經驗，收拾自己繼續前行，才能收獲下次的成功。如果你成功了，也切記不能自負，腳踏實地繼續前行，不斷學習，才能成就更優秀的自己。

最後，你也不必後悔自己的選擇，人生沒有回頭路，即已選擇，又如何遺憾？與其對往事哀嘆，不如繼續前進，以積極樂觀的心態，享受接下來的生活。你不必對自己太過苛刻，只要努力過，便無愧於你的人生，希望你能活出精彩，活出自我！



人生的體悟

4 A 謝文軒

小時候，我總覺得人生是一種挑戰，活著便是一種苦難。因為每天都要面對不同的困難、種種的挑戰，猶如雷陣大敵，手忙腳亂地應對，可謂痛苦不堪。每天早上起床，不是為了學業而奔波，就是為生活而勞碌，根本無法放慢腳步，認真聆聽，欣賞一下這個世界，談何人生體悟……

隨著年齡增長，我開始學會了取捨，捨棄了疲於奔命的生括，取而代之的是放慢腳步，看清了自己的腳印，可謂是「一步一腳印」，見證著我的成長，回想一下小時後的挑戰，何嘗不是一種「腳印」，於是釋懷，覺得挑戰再也不是挑戰，而是一種樂趣，欣賞自己如何克服解決難題，而不是一抱怨因境降臨在我身，試想一下，若沒經歷過逆境，如何成就現今的我？一切的絆腳石，只不過是一塊小石，輕輕越過便能解決，艱難與否只在於你是否有那份勇氣和想法。

人生漫漫長路，不要為了生活而生活，而是好好享受生活。敢於挑戰，樂在其中，讓你少一次後悔的抉擇，多一步成功的躍進！



當網絡消失時

2 B 黃玥婷

隨著科技的不斷發展，網絡已經成為我們生活中不可或缺的一部份。假如有一天網絡消失了，我們的生括將會變得如何？尤其是對於我們中學生來說，我們的學習與生活又將面臨怎樣的挑戰與機遇呢？

首先，網絡消失後，我們會面臨許多學習上的困難。網絡時代的到來，讓學習變得更加便捷和高效，這些便利的資源將無法使用，我們的學習效率將會大大降低。

但是，網絡消失並不意味著學生無法學習。在沒有網絡的情況下，我們可以通過通閱書籍、與老師和同學交流等方式來獲取知識和消息。同時，我們也可以利用傳統的學習方法，如做筆記、寫日記等來提高自己的學習能力。

此外，網絡消失也會給中學生帶來一些機遇。在沒有網絡的情況下，我們需要更加注重實際生活和人際關係，這有助於提高我們的綜合素質和社交能力。同時我們也要注重自我規劃和自我管理，這有助於培養學生的獨立性和自主性。

總之，當網絡消失時，中學生的學習與生活將面臨一些挑戰和機遇。在這種情況下，我們需要學會運用自己的想像力和創造力，發掘新的學習和交流方式。同時，我們也需要更加注重自我規劃和自我管理，為自己的未來發展打下堅實的基礎。



給自己的一封信

5 B 祝家瑜

你好！看到這封信的你年紀多大？是否完成了那些目標和期待？不論你現在年少有為，還是平平庸庸，都希望你能靜下心來讀完這封信，聽我一句忠告。

時光如梭，轉眼即逝。不知不覺高中的生活已過了一半，不久後就要迎來人生最重要的大階段，高者與成人。人的一生會遇到很多岔路，無論是選擇甚麼，結果怎樣，我們都要勇往直前，即便是失敗、挫折也要勇往直前，而不是原地踏步，甚至是倒退。俗話說「沒有多少失敗，難得一次成功。」只要你在每次失敗時總結經驗，收拾自己繼續前行，才能收獲下次的成功。如果你成功了，也切記不能自負，腳踏實地繼續前行，不斷學習，才能成就更優秀的自己。

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